CONFIANZA™
ANTI-STRESS FORMULA
60 Tablets

Improve your focus, fight fatigue, and help your body cope with all the stress life throws at you with Confianza.† This naturally based supplement helps to increase your energy levels, and it's special blend of herbs provides a natural way to enhance your body's ability to cope with all forms of stress: physical, emotional, and environmental.†

- Improves mental focus and concentration†
- Helps the body cope with physical stress†
- Provides energy and reduces fatigue†
- Helps restore body balance†

SUPPLEMENT FACTS

Supplement Facts
Serving Size: 2 Tablets
Servings Per Container: 30

	Amount Per Serving	%DV
Proprietary blend:	**1,100 mg**	**

Epimedium grandiflorum extract (10% flavanoids as icariin) (whole plant), Puncturevine (*Tribulus terrestris)* extract (stem and root) (20% saponins), Siberian Ginseng root extract (0.8% total eleutherosides) (root), Golden Root extract (1% total rosavins) (root), Schisandra fruit (*Schisandra chinensis)* extract (9% schisandrins) (fruit)

**Daily value (DV) not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica and pharmaceutical glaze.

SUGGESTED USE

Adults take 2 tablets as a dietary supplement. Drink at least 8 glasses of water daily.

CONFIANZA™
ANTI-STRESS FORMULA

FREQUENTLY ASKED QUESTIONS

What is Confianza?

Do you wish there were a healthy, effective way to cope with all the stress life throws at you? The answer is Confianza, an herbal-based supplement designed to enhance your ability to cope with all forms of stress: physical, emotional, or environmental.[†] The special blend of herbs helps to increase your energy levels while reducing stress and fatigue.[†]

How does Confianza work?

Confianza's proprietary blend of herbs contains active adaptogens. Adaptogens are natural nutrients that work through the adrenal glands to help your body combat and increase your resistance to stress. These ingredients in Confianza can help restore balance within your body and allow you to better cope with the stresses in your life.[†]

Does Confianza help improve mental focus and concentration?

Confianza has a stimulating effect as its blend of adaptogens helps to increase energy levels and improve mental performance, including focus and concentration.[†] Confianza can help improve sleep over time as the adaptogens help to minimize the effects of stress and restore balance.[†] Due to its stimulatory effects, Confianza should not be taken near bedtime.

How does Confianza help with fatigue?

Constant daily stress can lead to fatigue, depleting the resources your body needs to maintain a healthy internal equilibrium. Confianza can help you maintain this all-important inner balance by reducing the effects of stress.[†]

What results can I expect after taking Confianza?

You'll feel revived, rejuvenated, and recharged to handle any stress life throws at you! Confianza's herbal-based natural adaptogens working through your adrenal glands will help you feel alert and invigorated with increased energy levels.[†] Your body will feel less fatigued, even when stressed, so you can power through and perform at your highest level![†]

What is the recommended dosage of Confianza?

Adults should take two tablets daily for maintaining balance under life's daily stressors.

Can taking Confianza replace or interfere with the medications I am currently taking?

If you have a medical condition, health concern, or are taking prescription medications, we strongly recommend that you consult with your physician before taking Confianza.

Is Confianza safe for me to use if I am pregnant, nursing or have an ongoing medical condition?

Before using any new product, whether a nutritional supplement, topical cream or treatment, or any other item, you should always consult your physician to find out if it is safe for you.

Can I give Confianza to my children?

All It Works! products are recommended only for adults 18 years old or older.

It Works!®