

PRODUCT INFO

IT WORKS! SUPER GREENS ALKALIZE[†] BALANCE[†] DETOXIFY[†]

30 (6.0 g) Single Serve Packets

It Works! Super Greens combines the best nutrients from the land and sea to support an alkalinized body, healthy digestion, and nutritional balance with clean, plant-based superfoods.[†] Featuring a unique, vegetarian blend of exotic sprouts, leafy plants, mushrooms, algae, and seaweed, every sip gives your body the green light to feel good about nutrition. Mix it into water or your favorite beverages and recipes for natural nutrition that benefits your body.

Features and Benefits:

- Blends a naturally sourced collection of nutrient-rich plants, minerals, and adaptogens
- Includes Aquamin[®] mineralized seaweed extract and Coral Calcium, providing 74 trace minerals
- Supports balanced pH, clean digestion, strong immunity, and healthy metabolism[†]
- Enhanced with Magnesium for muscle and heart health[†]



SKU 31103VALUE



Supplement Facts

Serving Size: 1 stick packet (4.25 g)
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	1%*
Dietary fiber	1 g	4%
Magnesium (as dimagnesium malate)	50 mg	13%
Potassium (as potassium citrate)	250 mg	7%

Greens Proprietary Blend: 1,080 mg **
Blue Green Algae (Spirulina), Parsley, Barley Grass, Spinach, Chlorella, Alfalfa Extract (aerials), Matcha Green Tea, Watercress, Rosemary Leaf, Plantain Leaf, Dandelion Leaf, Lemon Grass, Green Tea Leaf Extract, Dulce.

Whole Foods Proprietary Blend: 1,475 mg **
Pea Fiber, Apple Fiber, Eleuthero Root Extract, Fruit and Vegetable Blend (Apple, Carrot, Tomato Juice, Orange Juice, Blueberry, Rosehips, Beet, Amla, Kale, Plum, Ginger, Pineapple Juice, Cauliflower, Broccoli, Grape Juice, Grapefruit Juice, White Willow, Onion, Papaya Juice, Peach, Pear Juice, Brussels Sprouts, Lemon Juice, Raspberry Juice, Strawberry Juice, Pumpkin, Black Currant, Goji (*Lycium barbarum*)), Sunflower Lecithin, Astragalus Root Extract, Turmeric, Meadowsweet Herb (aerial parts), Blackberry Fruit, Acerola, Bilberry Fruit Extract, Cranberry.

* Percent Daily values (DV) are based on 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Guar gum, citric acid, natural flavor, silica, and organic rebaudioside A.

SUGGESTED USE

For a super boost, mix one packet (6.0 g) of It Works! Super Greens with 8 fl. oz. of water or juice.

Drink at least 8 glasses of water daily.

Caution: Consult your physician if you are pregnant, nursing, taking medications, or have a medical condition.

Warning: Keep out of reach of children. Protect from heat, light, and moisture. Store at 15-30°C (59-86°F). Do not use if tamper-evident seal is broken or missing.



Aquamin[®] is a registered trademark of Marigot Ltd.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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FREQUENTLY ASKED QUESTIONS

Why should I use It Works! Super Greens?

With an exotic blend of plants, veggies, and superfoods, It Works! Super Greens helps you fill in the gaps in your nutrition routine. While it's not meant as a substitute for fresh vegetables, it supports balanced nutrition, healthy detox and immunity, and clean digestion[†]—so you can feel good about your choices. Plus, it provides a solid boost of Magnesium to help you maintain a healthy pH balance![†] Give your body the green light to enjoy these greens from around the world.

How and when should I use It Works! Super Greens?

Use It Works! Super Greens daily—or even more than once a day—to bring nature into your nutrition and help yourself alkalize, balance, and detoxify.[†] By mixing one packet into 8 oz. of water, juice, or even coffee, you'll help support your diet with many of the foundational minerals and plant nutrients it needs. Since It Works! Super Greens is packed with powerful superfoods, you may become extra invigorated—don't drink it too close to your bedtime.

What are some key ingredients in It Works! Super Greens?

It Works! Super Greens features a unique blend of vegetation from across the globe, including:

- **Sprouted plants** – Time-tested plants that retain essential nutrients for healthy digestion and metabolism[†]
- **Green, leafy plants** – Nutritious, garden-variety plants with naturally occurring vitamins, minerals, and fibers
- **Algae** – Including Aquamin[®] mineralized seaweed extract, these robust, mineral-infused aquatic plants support healthy detox and immunity, plus bone, joint, gut, and cardiovascular health[†]
- **Coral Calcium** – Harvested from fossilized coral and offering an abundance of trace minerals for healthy living[†]
- **Mushrooms** – Adaptogenic fungi to help maintain balance while supporting immune health[†]

Can It Works! Super Greens be used together with It Works! Super Reds?

Yes, It Works! Super Greens and It Works! Super Reds are designed to work together as a superfood system that delivers exotic, nutritious ingredients to reinforce your good health. It Works! Super Greens provides your body with many foundational minerals and nutrients, while It Works! Super Reds delivers vitamins and antioxidants. Choose to use them separately or combine their superpowers to complement your life and keep your health on track.

Does It Works! Super Greens contain gluten?

It Works! Super Greens is formulated with only gluten-free ingredients. It is not currently tested to detect gluten that may or may not be introduced during the manufacturing process.

Is It Works! Super Greens vegan?

Because it includes coral calcium, which is renowned as a core mineral nutrient, It Works! Super Greens is not vegan. But it is non-GMO, soy-free, keto-friendly, and contains no artificial colors or flavors.

Can I give It Works! Super Greens to my children?

It Works! Super Greens is recommended only for adults ages 18 years and older.

Can I use It Works! Super Greens if I am pregnant, nursing, taking medications, or have a medical condition?

Before using any new product, we suggest that you consult your physician to find out if it is right for you.



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