

PRODUCT INFO

GREENS™ CHEW {BERRY BLUE}

ANTIOXIDANT & PREBIOTIC SUPPORT†

60 Chews

Snack your way to better health with a deliciously sweet blend of fruits and veggies in a super soft chew. With a nutritional boost of prebiotic fiber and free-radical fighting antioxidants in every serving, Greens Chew packs a powerful punch to support your overall health and wellbeing.

- Filled with a blend of over 51 fruits and veggies
- Naturally occurring complex of antioxidant phytonutrients
- Contains the antioxidant pterostilbene found in blueberries
- Boosts your body's natural defenses against free radical damage†
- Supports healthy nutrition and digestion with prebiotic dietary fiber†
- Delicious, blueberry-filled flavor



SUPPLEMENT FACTS

Supplement Facts		
Serving Size: 2 Chews		
Servings Per Container: 30		
	Amount Per Serving	% DV
Calories	30	
Total Carbohydrate	9 g	3%*
Dietary Fiber	3 g	12%*
Sugars	3 g	**
Fruit and vegetable blend:	500 mg	**
Apple, acai (<i>Euterpe oleracea</i>), pineapple, broccoli, carrot, orange, tomato, brussels sprouts, cauliflower, beet, blueberry, celery, grape, grapefruit, kale, lemon, lime, plum, raspberry, strawberry, watermelon, radish, cantaloupe, cherry, leek, onion, papaya, peach, pear, acerola, cranberry, blackberry, bilberry, alfalfa, spinach, parsley, mulberry, apricot, avocado, noni, fig, kiwi, tangerine, kumquat, parsnip, mango, banana, goji (<i>Lycium barbarum</i>), cabbage, mangosteen.		
French Melon Fruit Extract	10 mg	**
Prebiotic fiber blend:	3 g	**
Polydextrose, soluble fiber, inulin.		
Pterostilbene	2 mg	**

Other ingredients: Dried cane syrup, rice syrup, maltodextrin, natural flavors, sunflower lecithin, palm oil, fruit and vegetable juice for color, citric acid, malic acid, glycerin, stevia leaf extract, coconut oil, flaxseed oil, safflower oil.

All Ingredients Non-GMO.

SUGGESTED USE

Enjoy two chews as a snack between meals.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.

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FREQUENTLY ASKED QUESTIONS

What is Greens Chew?

It's a deliciously sweet blend of fruits and veggies that packs the nutritional boost of prebiotic fiber and the antioxidant pterostilbene, a highly bioavailable phytochemical found in blueberries into every serving of a super soft chew. Lose the snacking guilt when you satisfy your munchies the healthy way!

Is the Greens Chew the same as Greens™ drink powder but in chew form? Can I take them together?

While Greens Chew has some similar ingredients to Greens powder, it is powered by its own unique proprietary blends of fruits, vegetables, and fiber to support healthy nutrition and digestion.† You can make both Greens Chew and Greens a part of your daily health regimen.

How does the Greens Chew help my body fight free radicals?

Fruits and vegetables are naturally high in super-healthy antioxidants that can help counter the damaging effects of free radicals. Blueberry in particular is considered an antioxidant-rich superfood as it is a natural source of pterostilbene, a highly bioavailable phytochemical. Greens Chew is fortified with this same antioxidant pterostilbene, along with a blend of over 51 fruits and veggies—including broccoli, Brussels sprouts, kale, carrots, orange, and more blueberries—which are a source of naturally occurring antioxidant vitamins Beta-Carotene, Vitamin E, and Vitamin C.

What is the benefit of the prebiotic in Greens Chew?

Prebiotics and probiotics work together to support your digestive system health. Probiotics are live bacteria naturally found in certain foods and in your large and small intestines, and they help the body maintain an optimal balance of healthy bacteria in the digestive

tract. Prebiotics are fibers that support the growth of these healthy probiotic bacteria in your digestive system. The prebiotic fiber blend in Greens Chew is comprised of plant-derived soluble fibers that “feed” the probiotic bacteria, supporting a healthy balance and helping to keep your digestive system regular.†

What sweeteners are in Greens Chew?

Greens Chew contains naturally sourced sweeteners, including stevia leaf extract, cane and brown rice syrups, and just three grams of sugar per serving.

Are the ingredients in Greens Chew Non-GMO?

Yes, all ingredients are Non-GMO.

How should I take Greens Chew?

Greens Chew is a sweet, nutritious snack you can enjoy any time of day. We suggest you take two chews as a snack between meals.

Is Greens Chew safe for me to use if I am pregnant, nursing or have an ongoing medical condition?

Before using any new product, whether a nutritional supplement, topical cream or treatment, or any other item, you should always consult your physician to find out if it is safe for you.

Can I give Greens Chew to my children?

All It Works! products are recommended only for adults 18 years old or older.

