



## RELIEF™

*Support for Healthy Joint Function*

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### PRODUCT INFORMATION

Tired of aches and pains in your joints? Relief promotes healthy, flexible joints with its highly effective glucosamine and chondroitin sulfate formula.

- Promotes healthy, flexible joints
- Addresses all aspects of joint function
- Glucosamine & chondroitin sulfate formula
- Strengthens cartilage in the joints

*(60 Caplets)*

### DIRECTIONS

As a dietary supplement, adults take 1 caplet 2 - 3 times daily.

Drink at least 8 glasses of water daily.

## FREQUENTLY ASKED QUESTIONS

### WHAT IS RELIEF?

Joint inflammation and pain can cause you to move slower and feel older than you are. For many people, joint pain can be so debilitating that it alters their active way of life. Relief combats these aches and pains by promoting healthy, flexible joints with its highly effective glucosamine and chondroitin sulfate formula.

### WHAT ARE THE BENEFITS OF USING RELIEF?

Relief's active ingredients can help strengthen cartilage in the joints and ease arthritis pain. Glucosamine and chondroitin sulfate support and even increase the formation of cartilage, ligaments, tendons, and bones and can prevent and alleviate arthritis pain.

### HOW SHOULD I TAKE RELIEF?

Take one to three caplets per day.

### DOES IT CONTAIN SHELLFISH?

Yes, Relief does contain shellfish, so it is not suitable for people with shellfish allergies.

## US LABEL

### Supplement Facts

Serving Size: 1 Caplet  
Servings Per Container: 60

	Amount Per Serving	% DV
Vitamin C (as ascorbic acid)	100 mg	170%
Zinc (as zinc citrate)	10 mg	70%
Manganese (as manganese citrate)	5 mg	250%
Proprietary blend:	776 mg	**
Glucosamine sulfate 2KCl, Methylsulfonylmethane (MSM), chondroitin sulfate, standardized turmeric root extract, standardized boswellia (Indian Frankincense) resin extract, yucca root, quercetin, type II collagen, peppermint oil		

\*\*Daily value (DV) not established.

Other ingredients: dicalcium phosphate, cellulose, vegetable stearic acid, croscarmellose sodium, silica, vegetable magnesium stearate, and pharmaceutical glaze.

Contains: Shellfish (crab and shrimp)

Caution: Consult your physician if you are pregnant, nursing, taking medications, or have a medical condition.

Warning: Keep out of reach of children. Protect from heat, light, and moisture. Store at 15 - 30° C (59 - 86° F). Do not use if tamper-evident seal is broken or missing.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.*