Have a sweet tooth? A carb craving? It’s okay to indulge every once in a while when you have Advanced Formula Fat Fighter with Carb Inhibitors!

Powered by NeOpuntia® (a naturally based ingredient made from the prickly pear cactus) and the It Works! proprietary blend, Advanced Formula Fat Fighter will absorb some of the fat and carbohydrates from your food so that your body doesn’t! Simply take it up to an hour after eating your biggest meal of the day.

• Blocks some of the fat and carbs from meals
• Helps balance healthy blood glucose levels and reduce cravings
• Designed to be taken up to an hour after meals
• Cactus-based formula
• Does not contain shellfish

**SUPPLEMENT FACTS**

<table>
<thead>
<tr>
<th>Supplement Facts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serving Size: 2 Tablets</td>
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<tr>
<td>Servings Per Container: 30</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount Per Serving</th>
<th>%DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chromium (as chromium dinicotinate glycinate)</td>
<td>150mcg</td>
<td>130%</td>
</tr>
<tr>
<td>NeOpuntia® (cactus leaf)</td>
<td>500mg</td>
<td>**</td>
</tr>
<tr>
<td>Proprietary blend</td>
<td>510mg</td>
<td>**</td>
</tr>
</tbody>
</table>

Garcinia cambogia fruit extract (50% [.] hydroxycitric acid), green tea leaf extract (20% caffeine), Phaseolamin (white kidney bean extract), bitter melon fruit extract (2.5% bitter principles), banaba leaf extract (Lagerstroemia speciosa) (1% corosolic acid), Gymnema sylvestre leaf extract (25% gymnemic acids), wheat amylase inhibitor, vanadium (as vanadyl sulfate)

** Daily value (DV) not established.

**SUGGESTED USE**

Adults: Take 2 tablets within 60 minutes of eating the largest meal of the day. Allow one to two hours between use of this product and other supplements or medications. Drink at least 8 glasses of water daily.
FREQUENTLY ASKED QUESTIONS

How does Advanced Formula Fat Fighter Work?

Fat Fighter’s active ingredient, NeOpuntia®️, is derived from the prickly pear cactus, and it is the most powerful, kosher, and vegetarian fat-binding ingredient on the market today. Its natural fibers have lipopholic properties, binding to the fat from the foods in your stomach. As a result, some of the fat from the foods is not absorbed by your body, but rather excreted from your system naturally.

Fat Fighter also contains phaseolamin, a white kidney bean extract that acts as a carb inhibitor. The white kidney bean extract paralyzes the enzyme in your stomach that turns the starch from carbs into sugar during the digestive process. This prevents the body from absorbing some of those carbohydrates, and they are excreted naturally.

I have shellfish allergies. Can I use Advanced Formula Fat Fighter?

Fat Fighter does not contain shellfish. It is a plant-based product that is formulated for daily use for those with shellfish allergies.

Can I take Advanced Formula Fat Fighter every day?

Yes, Fat Fighter is a plant-based product that is formulated for daily use. We recommend you take one to two tablets 15 minutes to one hour after eating your largest meal of the day or after snacks with high fat content.

When is the best time to take Advanced Formula Fat Fighter?

Because Fat Fighter works in the stomach to absorb fat and block carbs from the foods you've already eaten, take one to two tablets 15 minutes to one hour after eating your largest meal of the day or after snacks with a higher fat content.

Can I take Advanced Formula Fat Fighter with other supplements or medications?

Because of its binding properties, Fat Fighter should not be taken at the same time as other supplements or medications. Allow one to two hours to pass between taking Fat Fighter and using other supplements or medications.

Is Advanced Formula Fat Fighter safe for me to use if I am pregnant, nursing or have an ongoing medical condition?

Before using any new product, whether a nutritional supplement, topical cream or treatment, or any other item, you should always consult your physician to find out if it is safe for you.

Can I give Advanced Formula Fat Fighter to my children?

All It Works! products are recommended only for adults 18 years old or older.