## PRODUCT INFO

# **NEW YOU**™ BODY REVITALIZING FORMULA

Stimulate your body's natural human growth hormone production to improve lean muscle mass, enhance your exercise endurance, and turn back the hands of time from the inside out with New You! Through natural polyphenols, New You also supports your muscles with improved blood supply and fights the effects of free radicals.

- Stimulates natural production and release of HGH (human growth hormone)
- · Boosts lean muscle mass
- · Enhances exercise endurance
- · Helps improve sleep quality and memory
- · Fights the harmful effects of free radicals

(90 Tablets)



### **US LABEL**

## **Supplement Facts**

Serving Size: 2 Caplets PM and 1 Caplet AM Servings Per Container: 30

Amount Per	Amount Per Serving	
Niacin	10 mg	50%
Calcium (as dicalcium phosphate)	80 mg	8%
Phosphorus (as dicalcium phosphate)	64 mg	6%
Grape seed and apple fruit extracts (80% total polyphenols)	75 mg	**
Proprietary blend:	1.7 g	**

Tri-Source Arginine (L-Arginine HCI, L-Arginine pyroglutamate and L-Arginine alpha-ketoglutarate), L-Lysine HCI, Methylsulfonylmethane, Velvet bean extract, L-Glutamine, GABA (gamma-amino butyric acid), Inositol, L-Ornithine alpha-ketoglutarate, Ginger root, Gammaoryzanol, Ferulic acid and Vanadyl sulfate

\*\* Daily value (DV) not established.

### **OTHER INGREDIENTS**

Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica and clear film coating (hypromellose, hydroxypropyl cellulose, polyethylene glycol).

**Caution:** Consult your physician if you are pregnant, nursing, taking medications, or have a medical condition.

**Warning:** Keep out of reach of children. Protect from heat, light, and moisture. Store at 15 - 30° C (59 - 86° F). Do not use if tamper-evident seal is broken or missing.

#### **DIRECTIONS**

Adults take 2 tablets before bedtime and 1 tablet in the morning as a dietary supplement. Drink at least 8 glasses of water daily.



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## FREQUENTLY ASKED QUESTIONS

## What is New You?

New You is a one-of-a-kind longevity formula designed to naturally stimulate and support the production and release of your body's own human growth hormone, allowing you to more easily build lean muscle and turn back the hands of time from the inside out!

New You also includes natural polyphenols that help improve blood supply to the muscles and help to reduce the harmful effects of free radicals.

## What are the benefits of taking New You?

Your body's production of human growth hormone declines as you age. By using New You to stimulate your body's ability to naturally produce and release its own human growth hormone, you'll see improved sleep and memory, better post-workout recovery, enhanced exercise endurance, and increased lean muscle mass.

### Is there a certain age to start taking New You?

Because the body's production of human growth hormone begins to decline after the age of 30, most people will want to begin taking it at that age.

### How often should I take New You and when?

New You is designed to be taken twice daily. Take one tablet in the morning and two tablets at night.

## Can I give New You to my children?

New You is designed for adult use and is not recommended for children. Always consult your pediatrician before giving any supplements to children.

## Can I take New You if I am pregnant or nursing?

We suggest that you consult your physician prior to using any of our products if you are pregnant or nursing.



