

PRODUCT INFO

GREENS ON THE GO™ BLEND BERRY

ALKALIZE† – BALANCE† – DETOXYFY†

30 single serve packets (4.5 oz/127.5 g)

TAKE YOUR NUTRITION TO A WHOLE 'NOTHA LEVEL!

Give your body a boost when you alkalize, balance, and detoxify with Greens on the Go Blend Berry!†

ALKALIZE: The natural blend of ingredients in Greens on the Go Blend Berry is designed to help alkalize the body, restore pH balance, and support the immune system for overall health and wellness.†

BALANCE: Greens on the Go Blend Berry contains a powerful blend of naturally occurring vitamins, minerals, phytonutrients, and enzymes in their bioactive, bioavailable form so you experience maximum absorption by your body for a big nutritional boost.†

DETOXYFY: With the natural detoxifying properties of Matcha Green Tea and a complex blend of 34 different varieties of fruits and vegetables, Greens on the Go Blend Berry delivers the best nutrients to support your body's natural detoxification and help your body to naturally cleanse and balance for a healthier you.†

- Nutrient support and antioxidants for the maintenance of good health
- Acidity-fighting magnesium and potassium blend
- 52 herbs and nutrient rich superfoods
- 34 fruits and veggies
- Matcha Green Tea added



SUGGESTED USE

As a dietary supplement, mix one packet with 8 fluid ounces of water or juice. Mix thoroughly. Avoid using 3-4 hours prior to bedtime.

Drink at least 8 glasses of water daily.

Other Ingredients: Natural Flavors, Malic Acid, Citric Acid, Silica, Rebaudioside A.



Supplement Facts

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	1%*
Dietary fiber	1 g	4%
Magnesium (as dimagnesium malate)	50 mg	13%
Potassium (as potassium citrate)	250 mg	7%
Greens	1,080 mg	**
Proprietary Blend:		
Blue Green Algae (Spirulina), Parsley, Barley Grass, Spinach, Chlorella, Alfalfa Extract (aerials), Matcha Green Tea, Watercress, Rosemary Leaf, Plantain Leaf, Dandelion Leaf, Lemon Grass, Green Tea Leaf Extract, Dulce.		
Whole Foods	1,475 mg	**
Proprietary Blend:		
Pea Fiber, Apple Fiber, Eleuthero Root Extract, Fruit and Vegetable Blend (Apple, Carrot, Tomato Juice, Orange Juice, Blueberry, Rosehips, Beet, Amla, Kale, Plum, Ginger, Pineapple Juice, Cauliflower, Broccoli, Grape Juice, Grapefruit Juice, White Willow, Onion, Papaya Juice, Peach, Pear Juice, Brussels Sprouts, Lemon Juice, Raspberry Juice, Strawberry Juice, Pumpkin, Black Currant, Goji (<i>Lycium barbarum</i>)), Sunflower Lecithin, Astragalus Root Extract, Turmeric, Meadowsweet Herb (aerial parts), Blackberry Fruit, Acerola, Bilberry Fruit Extract, Cranberry.		

* Percent Daily values (DV) are based on 2,000 calorie diet.

** Daily Value (DV) not established.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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FREQUENTLY ASKED QUESTIONS

What is Greens on the Go Blend Berry?

Greens on the Go Blend Berry is an alkalizing, balancing, and detoxifying blend of 52 herbs and nutrient-rich superfoods, fruits and vegetables, and the pH-balancing blend of magnesium and potassium.† With naturally occurring vitamins, minerals, phytonutrients, and enzymes, the nutrients found in Greens on the Go Blend Berry are at their highest bioactive, bioavailable form. That means maximum absorption by your body to support your best health.†

The acidity-fighting combination of magnesium and potassium, is designed to alkalize the body and restore pH balance, and support the immune system for overall health and wellness.†

Just one convenient packet of Greens on the Go Blend Berry a day gives you results you can truly feel: increased energy and a clean-running digestive system, along with a detoxified, pH-balanced body for better overall health.†

Why is magnesium and potassium important for alkalizing the body?

All fresh fruits and vegetables have important alkalizing benefits, but a diet of those highest in potassium is best for maintaining an alkaline, pH-balanced body. Each serving of Greens on the Go Blend Berry provides 250 mg of potassium in the form of potassium citrate, the strongest alkalizing agent found in citrus fruit. An acidic body is not only low in potassium, but likely low in magnesium as well, as magnesium is important for regulating your blood's potassium and bone's calcium levels. When your body is unbalanced and overly acidic, it tries to counteract that acidity by releasing calcium from the bones and amino acids from muscles to promote an alkaline pH. Without an adequate daily source of alkalizing foods and supplements, your bones get weaker and more porous and your muscles lose strength and mass.

Greens on the Go Blend Berry's alkalizing blend of potassium and magnesium helps to provide much needed supplies of both of these vital minerals that your body needs to maintain a healthy pH balance, more resilient bones, and lean muscle mass.†

How does Greens on the Go Blend Berry help to balance my body?

The natural blend of ingredients in Greens on the Go Blend Berry, including an acidity-fighting combination of magnesium and potassium, is designed to help alkalize the body and restore pH balance.† With a powerful blend of naturally occurring vitamins, minerals, phytonutrients, and enzymes in their bioactive, bioavailable form for maximum absorption by your body. Greens on the Go Blend Berry helps to increase energy, improve immune system health, and support a clean-running digestive system, all while alkalizing, detoxifying, and balancing your body for better overall health.†

How does Greens on the Go Blend Berry help to detoxify my body?

With the natural detoxifying properties of Matcha Green Tea and a complex blend of 34 different varieties of fruits and vegetables, Greens on the Go Blend Berry delivers the best nutrients to support your body's natural detoxification and help your body to naturally cleanse and balance for a healthier you.†

Can I skip some of my servings of fruits and vegetables if I take Greens on the Go Blend Berry every day?

It can be hard to get enough servings of the fruits and veggies you need in all of your meals every single day. With a blend of 52 herbs and nutrient-rich superfoods, that includes 34 fruits and vegetables, Greens on the Go Blend Berry gives a big nutritional boost to your already healthy diet. Greens on the Go Blend Berry is not intended to be a substitute for the fresh fruits and vegetables that are so important to your health.



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The label says to avoid taking Greens on the Go Blend Berry 3-4 hours before bedtime. Why is that?

All of the vitamins, minerals, phytonutrients, and enzymes within Greens on the Go Blend Berry are invigorating to the body. Many people feel quite energized after taking Greens on the Go Blend Berry and have a difficult time settling down to sleep. For that reason, we recommend that you not take Greens on the Go Blend Berry 3-4 hours prior to bedtime.

What kinds of berries are in Greens on the Go Blend Berry?

Greens on the Go Blend Berry contains super-fruit berries from blackberries, blueberries, cranberries, strawberries, bilberry, amla, goji berry, and black currant as part of the blend of multiple fruits and vegetables.

Does Greens on the Go Blend Berry contain natural sweetener?

Yes, Greens on the Go Blend Berry contain steviol glycosides, which is a 100% natural, zero calorie sweetener. You'll find it listed as Rebaudioside A in the "Other Ingredients" list. This purified stevia plant extract acts as the sweetening agent.

Does Greens on the Go Blend Berry contain gluten?

Greens on the Go Blend Berry is formulated with only gluten-free ingredients. It is not currently tested to detect gluten that may or may not be introduced during the manufacturing process.

Can I give Greens on the Go Blend Berry to my children?

Our Greens on the Go Blend Berry is a healthy supplement for the whole family. As with any product that you consume, if you have any allergy questions or any other specific health related concerns, please contact your physician or your child's pediatrician.

Is Greens on the Go Blend Berry safe for me to use if I am pregnant, nursing, or have any ongoing medical conditions?

Before using any new product, you should always consult your physician to find out if it is safe for you.



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