IT WORKS! IMMUNITY™
DEFEND DAILY

2 Tubes of 10 Effervescent Tablets

Life throws a lot of things your way—from traveling, to taking the kids to soccer practice, to crowded elevators—and it’s up to you to keep your immune system strong so you stay healthy.

It Works! Immunity is coming to your rescue, designed to keep your immune system balanced and resilient.† With a superior formulation that includes key vitamins, elderberry and MaitakeGold 404® mushroom, you’ll be prepared to defend against life’s daily attacks and live your healthiest life yet.†

The best health defense is a strong immune offense—support your overall immune function with just one glass of It Works! Immunity a day.†

**SOY FREE**
**NON GMO**
**DAIRY FREE**
**VEGAN**

- Supports healthy immune function and resilience†
- Helps your body respond quicker to threats†
- Provides a healthier stress response with a blend of adaptogens†
- Supplies a blast of Vitamin C, as much as in 16 oranges
- No artificial colors, flavors, or artificial sweeteners
- Keto friendly
- Convenient, on-the-go effervescent tablets
- Dissolves in hot or cold water
- Elderberry flavor

**Supplement Facts**
Servings: 10, Serv. size: 1 tablet
Amount per serving: Calories 5, Total Carb. <1g (<1% DV), Vit A (as retinyl palmitate) 1125 mcg (125% DV), Vit C (as ascorbic acid) 1000 mg (1111% DV), Vit B12 (as cyanocobalamin) 2.4 mcg (100% DV), Zinc (as zinc citrate) 5.5 mg (50% DV), Sodium 150 mg (7% DV), Potassium 230 mg (5% DV), Proprietary Immune Support Blend (Elderberry 10:1 extract, MaitakeGold 404® maitake mushroom fruiting body extract (Grifola frondosa), Spirulina algae, Matcha green tea leaf, Ashwagandha root extract, Larch arabinogalactan heartwood, American ginseng root extract, Chlorella algae) 300 mg* Percent Daily Values (DV) are based on a 2,000 calorie diet. *Daily Value (DV) not established.

**Suggested Use**
For daily immune support, add 1 tablet to 8 fl. oz. hot or cold water and allow to effervesce. Take up to 2 tablets per day for more intense support.

**Caution:** If you are pregnant or nursing, or if you have any medical condition or are taking medicines, consult your physician before use. Do not exceed recommended daily dose unless directed by a healthcare professional.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.

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What is It Works! Immunity?
It Works! Immunity is a refreshing, elderberry-flavored effervescent drink that strengthens, balances, and makes your immune system resilient.† It acts like a bodyguard and prepares your immune system for life’s daily stresses and threats.† With just one dose of It Works! Immunity each day, you’ll have a powerful first line of immune defense!†

How does It Works! Immunity support my immune system?
Your immune system constantly works to protect you, so it’s important to build up its resilience. With powerful, premium ingredients like MaitakeGold 404® mushroom, vitamins A & C, and elderberry, It Works! Immunity optimizes your immune system to function in full defense mode.† The antioxidants in It Works! Immunity also help support and maintain healthy cells.† In any location, situation, or time of year, your immune system will remain healthy and strong with It Works! Immunity.†

Why should I take It Works! Immunity every day?
It’s simple: you need to support your immune health every day because your body is regularly bombarded with outside threats. With It Works! Immunity, your immune system stays in defense mode, ready for anything that each day might bring.† It provides superior immune-boosting ingredients that your body needs, while progressively enhancing and balancing immune stamina over time.†

Why do I need a healthy, responsive immune system?
If you’ve ever said, “I can’t afford to get sick right now,” then you understand why you require a responsive immune system. Immune health stimulates daily momentum, and you don’t want to be (and can’t afford to be) unable to participate in everyday activities. Everywhere you go and everything you do can expose you to potential health threats, so it’s important to keep your immune system on alert.

What flavor is It Works! Immunity?
It Works! Immunity comes in a refreshing elderberry flavor, brought to life as a bubbly effervescent drink.

How many It Works! Immunity tablets can I take each day?
For daily immune support, we recommend one It Works! Immunity tablet per day with 8 fl. oz. of hot or cold water. If you desire more intense support, take up to two tablets per day or as directed by your physician.

How many It Works! Immunity tablets are in a tube?
Each tube of It Works! Immunity comes with 10 tablets. Each order includes two tubes.

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How is It Works! Immunity different from It Works! Probiotic™ and Greens™ Blend? How should I use them together?

It Works! offers various products to support immune health, all targeting unique and important components of the complex immune system.

• It Works! Immunity powers up and prepares your body with a first line of defense against threats, priming your immune system to be resilient and in constant alert mode.†

• It Works! Probiotic keeps digestive bacteria in check, helping fend off immunity-challenging dangers that may be digested from food and drink or inhaled from the air.†

• Greens Blend provides a nutritional boost for overall health and wellness, supporting the immune system as it helps alkalize and detoxify your body while restoring pH balance.†

Can It Works! Immunity be used or mixed with Greens Blend or other drink powder products?

Yes, It Works! Immunity can be consumed with Greens Blend, It Works! CollagenWorks™, It Works! Ketones™, or other drink products. It provides the same powerful results alone or when mixed with something else.

What is an effervescent tablet/drink?

Effervescent tablets activate their power as they fizz and bubble when mixed with liquid. In return, the effervescent drink provides an ideal way for the body to take in powerful nutrients as those nutrients go straight to your gut. Simply drop a tablet into 8 oz. of water to see it start working immediately with quick-dissolving fizz. Drop, effervesce, and drink!

Why is maitake mushroom in It Works! Immunity?

MaitakeGold 404® is a powerful, proprietary maitake mushroom powder that takes our immunity product to a Whole ‘Notha Level! This high–functioning food bolsters immune cells to make them more effective and responsive to potential threats.† Additionally, MaitakeGold 404® has no taste or odor!

What vitamins and minerals are in It Works! Immunity?

It Works! Immunity is high in vitamins A & C (a daily supply of these antioxidants!) and is an excellent source of both vitamin B12 and Zinc.

What are adaptogens and why are they included in It Works! Immunity?

Adaptogens are herbs and roots that have been used for centuries in herbal medicines around the world. They’re known for balancing stress response and It Works! Immunity uses several in its proprietary blend—Ashwagandha Root, American Ginseng, and MaitakeGold 404®—to help provide you with a healthier way to respond to stress and support your overall immune defense.†

What are the superfoods in It Works! Immunity?

You can find these nutritious superfoods in It Works! Immunity: Matcha Tea Leaf, Spirulina, Chlorella, and Elderberry.

Are there any sweeteners in It Works! Immunity?

It Works! Immunity is naturally sweetened with stevia in the form of Rebaudioside A. It contains no sucralose, sugar alcohols, or artificial sweeteners.

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FREQUENTLY ASKED QUESTIONS

Is it Works! Immunity gluten-free?
It Works! Immunity is formulated with only gluten-free ingredients. It is not currently tested for gluten that may or may not be introduced during the manufacturing process.

Is it Works! Immunity vegan?
Yes, It Works! Immunity is vegan. It is also soy-free, dairy-free, and non-GMO!

Is It Works! Immunity keto-friendly?
Yes, It Works! Immunity is keto-friendly. With less than one gram of carbohydrates per serving and no artificial sweeteners, It Works! Immunity is a perfect addition to a ketogenic regimen.

Is It Works! Immunity safe for me to use if I am pregnant, nursing, or have any ongoing medical conditions?
Before using any new product, you should always consult your physician to find out if it is safe for you.

Can I give It Works! Immunity to my children?
It Works! Immunity is recommended only for adults 18 years and older.