

## PRODUCT INFO

# IT WORKS! SUPER REDS

## VITAMINS – ANTIOXIDANTS – POLYPHENOLS

6.35 oz. (180 g)

Roll out the red carpet for this blend of more than 30 naturally sourced fruits, berries, and superfoods from around the world. Vibrant antioxidants and vitamin-infused ingredients build your body's resilience to stress<sup>†</sup> while giving you all the Vitamin A, C, and B-complex you need for an entire day—in just one serving. Put your best fruit forward when you sip this nutritional powerhouse of reds, blues, and violets.

### Features and Benefits:

- Includes richly pigmented, health-boosting polyphenol antioxidants
- Helps protect against oxidative and metabolic stress to preserve a youthful appearance<sup>†</sup>
- Supports your body's natural immune function<sup>†</sup>
- Assists your skin, brain, and body to maintain healthy, balanced defense against damaging free radicals<sup>†</sup>
- Offers exotic ingredients from around the world, like Goji berry from China, Acai berry from Brazilian rainforests, and Maqui berry from Patagonia, Chile
- Comes in a sweet, delicious Wild Cherry flavor with 0 g added sugars



## Supplement Facts

Servings Per Container: 30		
	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	4 g	1%*
Dietary Fiber	2 g	7%*
Sugars	<1 g	**
Includes 0g added sugar		
Vitamin A (as beta carotene)	900 mcg RAE	100%
Vitamin C (as ascorbic acid)	90 mg	100%
Thiamin (as thiamine hydrochloride)	1.2 mg	100%
Riboflavin	1.3 mg	100%
Niacin (as niacinamide)	16 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	1.7 mg	100%
Vitamin B12 (as cyanocobalamin)	2.4 mcg	100%
Pantothenic acid (D-calcium pantothenate)	5 mg	100%
<b>It Works! Polyphenol Blend:</b>	2.27 g	**
Beet root, Hawthorn berry ( <i>Crataegus pinnatifida</i> ), Goji berry ( <i>Lycium barbarum</i> ), Aronia berry ( <i>Aronia melanocarpa</i> ), Amla fruit ( <i>Phyllanthus emblica</i> ), Grape skin extract, Green tea leaf extract ( <i>Camellia sinensis</i> ), Quercetin dihydrate ( <i>Sophora japonica</i> L.) (buds), <i>Polygonum cuspidatum</i> root extract (Resveratrol), Maqui berry ( <i>Aristotelia chilensis</i> ), Raspberry, Blueberry, Strawberry, Cranberry, Cherry fruit, Acai berry ( <i>Euterpe oleracea</i> ), Black currant fruit, Bilberry, Acerola cherry, Blackberry, Elderberry ( <i>Sambucus nigra</i> ), Pomegranate fruit, Pineapple fruit, Pear fruit, Peach fruit, Mango fruit, Carrot, Tomato fruit, Papaya fruit, Apple fruit.		
<b>It Works! Prebiotic Fiber Blend:</b>	2.24 g	**
Inulin, Beet fiber, Apple fruit pectin, Grapefruit skin pectin, Citrus skin pectin		

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*Daily Value (DV) not established.

Other Ingredients: Guar gum, citric acid, natural flavors, silica and organic rebaudioside A.

## SUGGESTED USE

For a super boost, mix one packet (6.0 g) or one level scoop (6.0 g) of It Works! Super Reds with 8 oz. of water or juice.

**Drink at least 8 glasses of water daily.**

**Caution:** Consult your physician if you are pregnant, nursing, taking medications, or have a medical condition.

**Warning:** Keep out of reach of children. Protect from heat, light, and moisture. Store at 15–30°C (59–86°F). Do not use if tamper-evident seal is broken or missing.



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### FREQUENTLY ASKED QUESTIONS

#### How and when should I use It Works! Super Reds?

Use It Works! Super Reds daily to incorporate vitamins and powerful polyphenol antioxidants into your routine. Simply mix one scoop or single-serve packet into 8 oz. of water to support and maintain your youthful vitality with benefits from richly pigmented fruits, berries, and superfoods.† Since you may become extra invigorated from the powerful superfoods, try not to drink It Works! Super Reds too close to your bedtime.

#### Why should I use It Works! Super Reds?

It Works! Super Reds boosts the resilience of your skin, body, mind, and eyes to fight daily stressors that can contribute to signs of aging.† It contains a naturally adaptive collection of polyphenols as well as a full day's supply of Vitamins A, C, and B-complex to support your good health—so, roll out the red carpet for these Super Reds from around the world.

#### What are some key ingredients in It Works! Super Reds?

This nutritional powerhouse offers naturally sourced, exotic ingredients from across the globe, including:

- **Beet root** – A natural supply of vitamins, fiber, and betalains to activate your body's antioxidant defenses and enhance its adaptive response to oxidative stress†
- **Vitamins A & C and Elderberry** – Essential health-boosting nutrients that help keep your immune system responsive and strong†
- **Richly pigmented fruits and berries** – Powerful antioxidants that protect and boost your cellular health to control damaging free radicals that accelerate the aging qualities of your body, skin, and mind†
- **Prebiotic fiber** – Supports your overall gut health and promotes a healthy immunity†

#### Why are polyphenols important to my well-being?

Polyphenol antioxidants help protect you from age-accelerating free radicals, caused by oxidative and metabolic stress. The more energy your body exerts, the more free-radicals it generates. When they are not kept in check, you can look and feel older sooner; your skin can appear dull and wrinkle more quickly, joints can stiffen more after workouts, and your eyes and brain are forced to work harder. Polyphenols can help! By keeping your free radicals in a healthy balance, you adapt better and faster to internal stressors, ultimately helping you maintain a natural, anti-aging resilience.†

#### Can It Works! Super Reds be used together with It Works! Super Greens?

Yes, It Works! Super Reds and It Works! Super Greens are designed to work together as a superfood system that delivers exotic, nutritious ingredients to reinforce your good health. It Works! Super Greens provides your body with many foundational minerals and nutrients, while It Works! Super Reds delivers vitamins and antioxidants. Choose to use them separately or combine their superpowers to complement your life and keep your health on track.

#### Does It Works! Super Reds contain gluten?

It Works! Super Reds is formulated with only gluten-free ingredients. It is not currently tested to detect gluten that may or may not be introduced during the manufacturing process.

#### Can I give It Works! Super Reds to my children?

It Works! Super Reds is recommended only for adults ages 18 years and older.

#### Can I use It Works! Super Reds if I am pregnant, nursing, or have a medical conditions?

Before using any new product, we suggest that you consult your physician to find out if it is right for you.

