

PRODUCT INFO

SKINNY BREW® FAT-BURNING COFFEE BLEND†

15 (6 g) Single-Serve Packets

Sip your way to smart and skinny—all from your coffee cup! This instant, French roast coffee helps burn fat and fire up your brain function with thermogenic, adaptogenic, metabolism-boosting ingredients.† You'll also experience more energy than ever before† with five, plant-based sources of caffeine that combine for a powerful brew with a ton of perks.

Features and Benefits:

- Activates enhanced thermogenesis to actively burn body fat†
- Intensifies metabolism and energizes body to help manage weight†
- Fires up focus and concentration with six brain-boosting nootropics†
- Delivers more than twice the amount of caffeine as regular coffee!



SKU 35200

| Supplement Facts | | |
|--|--------------------|-------|
| Serving Size: 1 Packet (6 g) | | |
| Servings Per Container: 15 | | |
| | Amount Per Serving | % DV |
| Calories | 10 | |
| Total Carbohydrate | 2 g | <1%* |
| Chromium (as chromium picolinate) | 1000 mcg | 2857% |
| Skinny Blend | 5.277 g | ** |
| Coffee powder (providing 75 mg caffeine), chicory root inulin, green tea (<i>Camellia sinensis</i>) leaf extract (45% EGCG), green coffee (<i>Coffea robusta</i>) bean extract (providing 150 mg caffeine), guarana (<i>Paullinia cupana</i>) seed extract, yerba mate (<i>Ilex paraguariensis</i>) leaf extract | | |
| Nootropic Brain Blend | 50 mg | ** |
| L-theanine, L-alpha glycerylphosphorylcholine (alpha-GPC), <i>Griffonia simplicifolia</i> seed extract, Brahmi (<i>Bacopa monnieri</i>) whole herb extract, <i>Rhodiola rosea</i> root extract | | |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet. | | |
| **Daily value (DV) not established. | | |

Other ingredients: Guar gum, natural flavor, and silica

SUGGESTED USE

Mix instant coffee packet into 6-8 fl.oz. of hot or cold water and start sipping.

Warning: This product contains 225 mg caffeine per packet. Not recommended for those sensitive to caffeine. Consult your physician if you are pregnant, nursing, taking medications, or have a medical condition. Keep out of reach of children. Protect from heat, light, and moisture. Store at 15-30°C (59-86°F). Do not use if tamper-evident seal is broken or missing.



SKINNY BREW®

FAT-BURNING COFFEE BLEND†

FREQUENTLY ASKED QUESTIONS

When and how should I drink Skinny Brew?

Mix a packet of Skinny Brew into 8 oz. of hot or cold water for smooth, black coffee that's instantly blended (and delicious!). Plus, Skinny Brew contains more caffeine than two cups of regular coffee! We recommend drinking it as part of your morning routine, or anytime you need a powerful pick-me-up. Just be sure to keep your consumption to one packet per day.

Why should I drink Skinny Brew?

Skinny Brew is a powerful coffee that's packed with perks! By sipping Skinny Brew instead of regular coffee, you'll support your weight-loss goals by burning fat, boosting brain function, and consuming more caffeine for increased energy.† If you're intermittent fasting or living a keto lifestyle, it's the perfect brew for you, too! With just two carbs, it won't break your fast or cause a blood-sugar surge.†

What are some of the key, active ingredients in Skinny Brew?

Some of its key ingredients include:

- **Caffeine** – Five plant-based sources are included in this brew: French Roast Instant Coffee, Green Tea, Green Coffee Bean, Guarana, and Yerba Mate, which combine to energize, boost your fat metabolism, and help you maintain a healthy weight.†
- **EGCG** – A unique polyphenol and active ingredient in Green Tea that works as an antioxidant and supports weight management.†
- **Nootropics** – Natural Caffeine, L-theanine, Alpha-GPC, Rhodiola Rosea Root, Brahmi Whole Herb, and Griffonia Simplicifolia Seed are six, brain-boosting ingredients known to increase motivation, concentration, and alertness.†
- **Chromium** – Helps reduce your appetite and curb some of your cravings.†

Why are there nootropics in Skinny Brew?

Skinny Brew is brimming with these ingredients that can enhance cognitive functions, so that each time you sip, you also boost your brain and focus!† An energized brain helps you feel motivated and brightens your mood.† Plus, some nootropics also offer adaptogenic benefits, which help you maintain resilience against stress.† They're ideal for multitaskers who want some back-up for their brain power!

Does Skinny Brew contain gluten?

Skinny Brew is formulated with only gluten-free ingredients. It is not currently tested for gluten that may or may not be introduced during the manufacturing process.

Can I give Skinny Brew to my children?

Skinny Brew is recommended only for adults ages 18 years or older.

Can I drink Skinny Brew if I am pregnant, nursing, or have a medical condition?

It's necessary to consult your physician before using Skinny Brew if you are pregnant, nursing or have a medical condition. This product contains 225 mg caffeine per packet. It is not recommended for those sensitive to caffeine and should not be consumed along with other products containing caffeine. Limit to one packet per day.

