

PRODUCT INFO

IT WORKS! KETO TEA PUT MORE IN YOUR CUP

15 Single Serve Packets

It Works! Keto Tea tastes like comfort in a cup, but more than that—it's a decaffeinated, flavorful fuel that fits your life to a tea. You'll enjoy the benefits of clean, quality fats like MCTs and grass-fed butter that deliver quick energy and satisfy cravings—without all the caffeine.† Sip and enjoy these sweet, chai spices while fueling ketone creation and keeping your carb fast.†

Features and Benefits:

- Helps your body create ketones to support a low-carb, keto lifestyle†
- Gives you mind-and-body energy—without all the caffeine†
- Fights off hunger cravings to reduce eating between meals†



Supplement Facts

Serving Size: 1 Packet (15 g)
Servings Per Container: 15

	Amount Per Serving	% DV
Calories	100	
Total Fat	9 g	12%*
Saturated fat	8 g	40%*
Total Carbohydrate	3 g	1%*
Total Sugars	2 g	**
Includes 2g Added Sugars		4%
Protein	1 g	2%*
Sodium	85 mg	4%
Potassium	110 mg	2%
Ketogenic Blend	12.93 g*	**
Coconut oil powder (coconut oil, lactose, sodium caseinate (a milk derivative)), grass-fed butter powder, medium chain triglycerides (MCT) oil powder (medium chain triglycerides from palm kernel and coconut, nonfat dry milk), hydrolyzed collagen peptides		
Decaf Herb & Spice Blend	1284 mg	**
Black tea leaf (<i>Camellia sinensis</i>), cinnamon bark (<i>Cinnamomum spp.</i>), cardamom seed (<i>Elettaria cardamomum</i>), ginger root (<i>Zingiber officinale</i>), clove flower bud (<i>Eugenia caryophyllata</i>), nutmeg seed (<i>Myristica fragrans</i>), anise seed (<i>Pimpinella anisum</i>), caraway seed (<i>Carum carvi</i>), fennel seed (<i>Foeniculum vulgare</i>), holy basil leaf (<i>Ocimum sanctum</i>), black pepper fruit (<i>Piper nigrum</i>), matcha (Tencha) green tea leaf (<i>Camellia sinensis</i>), turmeric root (<i>Curcuma longa</i>), <i>Phellodendron amurense</i> bark extract, mulberry leaf (<i>Morus alba</i>)		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		
**Daily value (DV) not established.		

Other ingredients: Guar gum, Himalayan pink salt, silica, steviol glycosides and monk fruit extract

Contains: Milk



SUGGESTED USE

For the perfect decaf chai, mix one instant tea packet into 6-8 fl.oz. of hot or cold water and enjoy.

Warning: Keep out of reach of children. Protect from heat, light, and moisture. Store at 15-30°C (59-86°F). Do not use if tamper-evident seal is broken or missing.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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FREQUENTLY ASKED QUESTIONS

When and how should I drink It Works! Keto Tea?

With only three grams carbs, It Works! Keto Tea fits effortlessly into your keto lifestyle. Its Spiced Chai flavor can be enjoyed anytime you'd like to sip decaf herbal tea—even in the evening. Not only does it taste like comfort in a cup, it also helps you feel energized without a caffeine kick, fight snacking between meals, prolong overnight fasts, and support your body's ketone production.†

Since It Works! Keto Tea comes in on-the-go packets, you can enjoy it anywhere your day takes you. Simply mix one single-serve packet into 8 oz. of hot or cold water, then enjoy its mind-and-body benefits!†

What are some of the key, active ingredients in It Works! Keto Tea?

Some of its key ingredients include:

- **MCTs** – Medium Chain Triglycerides (MCTs) are clean fats that are quickly absorbed by the body and metabolized into ketones.†
- **Grass-Fed Butter** – It's a source of unique, fatty acids that help convert fat into fuel while helping you feel fuller longer.†
- **Collagen Peptides** – It's a protein that, when converted to amino acids, helps build and restore vital protein and lean muscle in your body.†

What are ketones and what do they do?

Your keto lifestyle relies on ketones, a high-energy fuel source and natural derivative of fat metabolism. When your body doesn't get enough carbs from food to make energy, your liver starts breaking down fat stored on your body instead. That's when ketones are made—to help power up your mind and body. Supporting your body with clean, quality fats—like those in It Works! Keto Tea—allows it to create more ketones to support your low-carb, high-fat, ketogenic life.†

Does It Works! Keto Tea contain gluten?

It Works! Keto Tea is formulated with only gluten-free ingredients. It is not currently tested for gluten that may or may not be introduced during the manufacturing process.

Can I give It Works! Keto Tea to my children?

It Works! Keto Tea is recommended only for adults, ages 18 years or older.

Can I drink It Works! Keto Tea if I am pregnant, nursing, or have an ongoing medical condition?

Consult your physician if you are pregnant, nursing, or have a medical condition.

