

PRODUCT INFO

IT WORKS! PROBIOTIC™

HELPS SUPPORT GASTROINTESTINAL HEALTH

30 Vegetarian Capsules

Every tummy needs a little love, but don't just love half your guts—love ALL your guts!

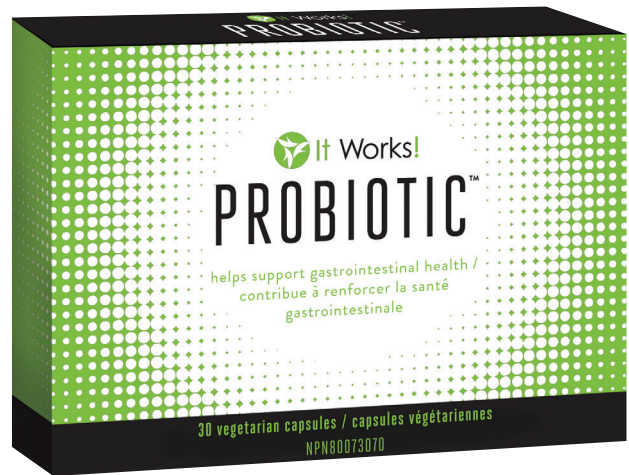
Your digestive system is filled with good and bad bacteria, competing with each other and throwing off your microflora balance. You need that balance right so your good bacteria can fend off the immunity-challenging pathogens you encounter every day in the air you breathe, the water you drink, and even the food you eat!

With It Works! Probiotic you can balance out that bad bacteria by restoring the good!

This Probiotic PLUS Prebiotic is formulated with two proprietary blends that strengthen your whole digestive system with targeted support for your small AND large intestines.

Probiotic Proprietary Blend: 10 billion live cultures from five unique probiotic strains target the health of your whole digestive tract. These probiotics replenish good bacteria throughout your small and large intestines to counterbalance bad bacteria, restoring your system's optimal microflora balance, lowering pH levels, and supporting your body's immunity—70% of which is right in your digestive tract!

Prebiotic Proprietary Blend: As the probiotics replenish and rebalance throughout your whole digestive system, they need the food to fuel their fight! This blend includes three nutrient-rich greens—spinach, kale, and watercress—combined with Orafiti™, an inulin fibre that targets your large intestine to feed good bacteria and help rebalance your system!



MEDICINAL INGREDIENTS

Each capsule contains: / Chaque capsule contient : Medicinal Ingredients: / Ingrédients médicinaux :	Amount / Teneur
<i>Bifidobacterium animalis subsp. lactis BI-04</i> ® (9,000,000,000 CFU/UFC*)	20 mg
<i>Lactobacillus acidophilus NCFM</i> ® (1,000,000,000 CFU/UFC*)	15 mg
<i>Bifidobacterium breve Bb-03</i> ™ (10,000,000 CFU/UFC*)	1 mg
<i>Lactobacillus plantarum Lp-115</i> ® (80,000,000 CFU/UFC*)	1 mg
<i>Lactobacillus rhamnosus Lr-32</i> ™ (80,000,000 CFU/UFC*)	1 mg

NON-MEDICINAL INGREDIENTS

Fructooligosaccharides, spinach, watercress leaf, kale leaf powder, microcrystalline cellulose, hypromellose, chlorophyll / chlorophylline, stearic acid, silicon dioxide.

SUGGESTED USE

Adults take one capsule once per day. Take at least 2 – 3 hours before or after taking antibiotics.

Do not add to warm or hot foods or beverages.



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FREQUENTLY ASKED QUESTIONS

What is It Works! Probiotic?

It Works! Probiotic gives you targeted support for your digestive and immune health by restoring good bacteria levels in your whole digestive system (the small and large intestines) with 10 billion live cultures from five probiotic strains. Unlike many other probiotics, It Works! Probiotic provides the support of prebiotic fibre, fueling the probiotics through your entire system to rebalance microflora, lower pH levels, regulate your digestive system, and support your body's immunity.

How does It Works! Probiotic work?

As a Probiotic PLUS Prebiotic, It Works! Probiotic actually restores the good bacteria your digestive system needs for optimal microflora balance then feeds that good bacteria with prebiotic fibre, fueling the probiotics through your entire digestive system. Maintaining an ideal balance of good and bad bacteria is what keeps your digestive system regular. And unlike a lot of other probiotics, It Works! Probiotic restores and rebalances the microflora in both ends of your digestive system—the small AND the large intestines!

What is the difference between the five probiotic strains and how do they support digestive and immune health?

This combination of five unique probiotic strains are only found in It Works! Probiotic and these “specialists” target specific areas in your digestive system.

The trio of Lactobacillus strains work in your small intestine to metabolise the carbohydrates naturally found in the food you eat, providing an important energy source for the health of your digestive tract.

The two strains of Bifidobacterium target your large intestine, feeding off of the prebiotics to help fuel and

propel them deep into your digestive system. One strain in particular is your immune boosting specialist, supporting your body's immune response to seasonal changes.

What is the difference between a probiotic and a prebiotic?

Probiotics and prebiotics work together to support your digestive system health. Probiotics are live bacteria naturally found in certain foods and your colon (or large intestine) and small intestine. They remain intact throughout the digestive process and deliver healthy bacteria to the large and small intestines. Prebiotics are dietary fibres that feed this healthy (or good) bacteria in your digestive system. It Works! Probiotic contains 10 billion live cultures from five probiotic strains that actually replenish and restore the good bacteria in your system. Since It Works! Probiotic is a “Pro PLUS Pre”, it contains the prebiotic fibre the probiotics need to fuel their growth and rebalance your system!

What is the difference between It Works! Probiotic and It Works! Cleanse™ and how should I use them together?

It Works! Cleanse and It Works! Probiotic are designed to work together to support your digestive health.

It Works! Cleanse is a gentle two-day herbal cleanse that works with your body to help remove toxins while delivering essential nutrients and vitamins. The soluble prebiotic inulin fiber from Chicory Root in It Works! Cleanse travels through your digestive system selectively feeding the good bacteria.

It Works! Probiotic actually restores your good bacteria with its five probiotic strains and provides prebiotic fibre to fuel them through your entire digestive system. By restoring an optimum microflora balance, It Works! Probiotic keeps your digestive system regular and helps your body naturally fend off pathogens by supporting your body's immunity through daily targeted support for your digestive and immune health.

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How should I store It Works! Probiotic?

You can store It Works! Probiotic the same way you store your other It Works! supplements. Unlike some other probiotics, there is no need to refrigerate It Works! Probiotic. The convenient blister pack provides an extra layer of protection for the probiotic cultures against air and moisture.

Can I take It Works! Probiotic with antibiotics?

Yes, you can take It Works! Probiotic while you are taking antibiotics but it is best when taken after completing the antibiotic therapy. Make sure you continue to take It Works! Probiotic daily to insure your microflora balance is restored.

Is It Works! Probiotic safe for me to use if I am pregnant, nursing or have an ongoing medical condition?

Before using any new product, whether a cosmetic, topical cream or treatment, or any other item, you should always consult your physician to find out if it is safe for you.

Can I give It Works! Probiotic to my children?

All It Works! products are recommended only for adults 18 years old or older.

Caution: Consult a health care practitioner prior to use if you have a fever, vomiting, bloody diarrhea or intense abdominal pain. Stop using this product and consult a health care practitioner if the symptoms of digestive problems (i.e. diarrhea) occur, worsen and / or persist longer than 3 days. Do not use this product if you have an immune-compromised condition (i.e. AIDS, lymphoma, patients undergoing prolonged corticosteroid treatment).