

IT WORKS! KETO COFFEE

PUT MORE IN YOUR CUP

15 (15.7g) Single-Serve Packets

It Works! Keto Coffee is more than just coffee—it's premium tasting support for your lifestyle. Loaded with quality fats like Medium Chain Triglycerides (MCTs) and grass-fed butter, It Works! Keto Coffee boosts and sustains energy* for your mind** and body*. You'll revel in each brimming cup of this coffee with a kick.

Features and Benefits:

- Supports the results of your low-carb, ketogenic diet
- Fuels you with instant energy* anytime, anywhere
- Helps you stay sharp and focused** throughout your day
- Contributes to a normal, energy-yielding metabolism*



SKU EU33402

Nutrition Information / Informations Nutritionnelles / Información nutricional / Nährwertinformationen / Ravintosisältö / Ernæring Information / Næringsinnhold / Voedingswaarde-informatie / Näringsinformation /		
Serving Size: 1 packet (15.7 g) / Un sachet équivaut à : (15,7 g) / Ración: 1 sobre (15,7 g) / Portionsgröße: 1 (15,7 g) / Portie: 1 (15,7 g) / Portionsstorrelse: 1 (15,7 g) / Annoskoko: 1 (15,7 g) / Portionsstorlek: 1 (15,7 g) / Porsjonsstørrelse: 1 (15,7 g)		
Servings Per Container: 15 / Sachets par boîte : 15 / Raciones por caja: 15 / Dosi per confezione: 15 / Aantal porties per bus: 15 / Portioner pr beholder: 15 / 1 pussi sisältää 15 annosta / Portioner per behållare: 15 / Porsjoner per boks: 15		
	Per 100 g / Pour 100 g / Por 100 g / Pro 100 g / Pr 100 g / 100 g	Per 15.7 g / Pour 15.7 g / Por 15.7 g / Pro 15.7 g / Pr 15.7 g / 15.7 g
Energy / Énergie / Valor energético / Energie / Energia / Energie / Energi	586 kcal / 2422 kJ	92 kcal / 380 kJ
Fat / Matières grasses / Grasas / Fett / Rasva / Vetten / Fedt	50 g	8 g
Of which Saturates / dont acides gras saturés / De las cuales saturadas / davon gesättigte Fettsäuren / joista hydyttymättä / Heraf mættede fedtsyrer / hvorav mættede fettsyrer / waarvan verzadigde vetzuren / varav mättat fett	37 g	6 g
Carbohydrates / Glucides / Hidratos de carbono / Kohlenhydrate / hiilihydraatit / Kulhydrat / Karbohydrater / Koolhydraten / Kolhydrat	18 g	3 g
Of which Sugars / Dont sucres / De los cuales azúcares / davon Zucker / joista sokereita / Heraf sukkerarter / hvorav sukkerarter / Waarvan suikers / varav sockerarter	9 g	1.5 g
Fibre / Fibres alimentaires / Fibra alimentaria / Ballaststoffe / Ravintokuitu / Kostfibre / Kostfiber / Vezels / Fiber	8 g	1 g
Protein / Protéines / Proteínas / Eiweiß / Proteiini / Eiwitten	14 g	2 g
Salt / Sel / Sal / Suola / Zout	3 g	470 mg
Calcium / Calcio / Kalsium / Kalcium	310 mg (39% NRV*)	49 mg (6% NRV*)
Potassium / Potasio / Kalium	760 mg (38% NRV*)	119 mg (6% NRV*)

*NRV = Nutrient reference values / valeurs nutritionnelles de référence / Valores de referencia de nutrientes / Nährstoffbezugswerte / ravintoinaisten vertailuarvot / næringsstoffreferanseverdier / referanseverdier for næringsstoffer (8400 kJ/2000 kcal) / voedingswaardereferenties (8400 kJ/2000 kcal) / näringsreferensvärde (8400 kJ/2000 kcal)

SUGGESTED USE

Mix one packet with 250 ml hot or cold water. Enjoy 3 servings a day.

Warning: Instant coffee beverage.

Contains caffeine. Not recommended for children or pregnant women (50 mg / 100 ml). Protect from heat, light and moisture. Store at room temperature. Do not use if seal is broken or missing. A varied and balanced diet and a healthy lifestyle are important. Contains MILK.

Ingredients: Vegetable oil (44% MCT-oil from coconut and palm kernel, **milk**), dairy spread 72% milk-fat (34%; salt, **butter, milk powder**), coffee powder (12.5%), bovine collagen hydrolysate (3%), thickener (xanthan gum), anti-caking agent (silicon dioxide), Himalayan pink salt, coffee extract (0.5%).

Contains MILK



*Contains calcium, which contributes to normal energy-yielding metabolism.

**Contains potassium, which contributes to normal functioning of the nervous system.

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FREQUENTLY ASKED QUESTIONS

When and how should I take It Works! Keto Coffee?

It Works! Keto Coffee is a low-carb coffee that fits effortlessly into your keto lifestyle. It can be enjoyed anytime throughout the day (but not recommended before bedtime) to support your keto diet and give you a kick of energy* when you need it most.

Since this premium-tasting, instant coffee comes in on-the-go packets, you can enjoy a cup anywhere your day takes you. Simply mix a single-serving packet into 250 ml of hot or cold water, then enjoy its buttery taste and mind-and-body** benefits!

What are some of the key ingredients in It Works! Keto Coffee?

It Works! Keto Coffee contains:

- **MCTs** – Medium Chain Triglycerides (MCTs) are fast metabolising, clean fats that help boost and sustain your energy output.*
- **Grass-Fed Butter** – It's a source of omega-3 fatty acids that helps fuel you up while adding a delicious, buttery flavour to your cup.
- **Collagen Peptides** – It's a protein that supports your low-carb, high-fat ketogenic diet.

What is the ketogenic diet?

When your body is carb-deprived, it must source energy from somewhere else—so, in a state of ketosis, this energy is sourced from fat stored on your body instead.

A ketogenic lifestyle relies on ketones, a high-energy fuel source and natural derivative of fat metabolism. When your body doesn't receive enough carbohydrates from food to make energy, the liver turns to breaking down stored fat instead. That's when ketones are made—to help power up your mind and body.

Does It Works! Keto Coffee contain gluten?

It Works! Keto Coffee is formulated with only gluten-free ingredients. It is not currently tested for gluten that may or may not be introduced during the manufacturing process.

Can I give It Works! Keto Coffee to my children?

It Works! Keto Coffee is recommended only for adults age 18 and older.

Can I use It Works! Keto Coffee if I am pregnant, nursing, taking medications, or have a medical condition?

Before using any new product, we suggest that you consult your physician to find out if it is right for you. It Works! Keto Coffee contains caffeine. Do not use if you are pregnant, nursing or have ongoing medical issues.