

PRODUCT INFO

HYDRATE+ WITH IMMUNE SYSTEM SUPPORT CITRUS TWIST FLAVOUR

30 (5.7 g) Single-Serve Packets

Ready for a healthy, refreshed, and balanced* body that can go the distance? Add a splash of electrolytes and essential vitamins from new-and-improved Hydrate+ to support your optimal hydration* and immunity**! Each daily dose of this nutrient-rich, instant beverage offers excellent support for healthy living with a light, refreshing, Citrus Twist flavour. Hydrate+ is also fat-free, low-calorie, and contains no added sugars, so you can enjoy all the flavour without the worry!

Features and Benefits:

- Supports healthy hydration* + immunity** with added vitamins and nutrients!
- Hydrates with essential minerals that offer electrolyte benefits, like Magnesium, Potassium, and Sodium
- Keeps your immune system primed and active with a daily boost of Vitamins C and D**
- Uses renowned, nutrient-dense fruits and berries like Acerola Cherry, Elderberry, and Coconut Water
- Supports overall wellness, quenches thirst quickly, and can help deter hangover symptoms***



SKU EU34102C



Nutrition Information / Informations Nutritionnelles / Información Nutricional / Nährwertinformationen / Ravintosiasältö / Ernæringsinformation / Næringsinnhold / Voedingswaarde-informatie / Näringsinformation	Per 100 g / Pour 100 g / Por 100 g / Pro 100 g / 100 g grammassa kohti / Per 100 g	Per 5.7 g / Pour 5.7 g / Por 5.7 g / Pro 5.7 g / 5.7 g grammassa kohti / Per 5.7 g	% NRV* / VNR* / VWR* Per 5.7 g
Energy / Énergie / Valor Energético / Energie / Energia / Energi	296 kcal/ 1257 kJ	17kcal/ 72 kJ	
Fat / Matières Grasses / Grasas / Fett / Rasva / Fedt / Vetten	0 g	0 g	
Of which saturates / Dont acides gras saturés / De Las cuales saturadas / Davon gesättigte Fettsäuren / Josta hyödyntynyt / Heraf mettede fettsyrer / Hvorav verzadigde vetturen / Varav mattat fett	0 g	0 g	
Carbohydrates / Glucides / Hidratos de Carbono / Kohlenhydrate / Hiilihydraatti / Kulhydrat / Karbohydrater / Koolhydraten / Kulhydra	73.2 g	4.2 g	
Of which sugars / Dont sucres / De Los cuales azuceres / Davon Zucker / Josta sokeria / Heraf sukkerarter / Hvorav sukkerarter / Waarvan suikers / Varav sockerarter	26.9 g	1.5 g	
Fibre / Fibres Alimentaires / Fibra / Ballaststoffe / Ravintokuito / Kostfiber / Kostfiber / Meizel / Fibrer	1 g	0.1 g	
Protein / Protéines / Proteínas / Eiweiß / Proteini / Eiwitten	0.3 g	0 g	
Salt / Sel / Sal / Salz / Suola / Zout	5.17 g	0.3 g	
Magnesium / Magnésium / Magnesio	2631 mg	150 mg	40%
Potassium / Potasio / Kalium	6666 mg	380 mg	19%
Sodium / Sodio / Natrium	2228 mg	127 mg	
Vitamin C / Vitamine C / Vitamina C / C-vitamiini	2807 mg	160 mg	200%
Vitamin D3 / Vitamine D3 / Vitamina D3 / D3-vitamiini	7017 IU / 175 µg	400 IU / 10 µg	200%
Vitamin K2 / Vitamine K2 / Vitamina K2 / K2-vitamiini	438 µg	25 µg	33%
Coconut water / Eau de Coco / Agua de Coco / Kokosvatten / Kokosvesi / Kokosmælk / Kokosnotvann / Kokoswater / Kokosnotsvatten	31.6 g	1.8 g	

*NRV's = Nutrition reference values / *VNR = valeurs nutritionnelles de référence / *VNR = valores nutricionales de referencia / *NRV = Nährstoffbezugswerte / *NRV = ravintoainneiden vertailuarvot / *NRV = Næringsstoffreferanseverdier for en gjennomsnittlig vuxen (8400 kJ/2000 kcal) / *NRV = Referanseverdier for næringsstoffer for en gjennomsnittlig vuxen (8400 kJ/2000 kcal) / *VWR = Voedingswaardereferenties for en gjennomsnittlig vuxen (8400 kJ/2000 kcal) / *NRV = næringsreferensverdier

SUGGESTED USE

To stay refreshed, mix one packet into 250 ml of water. Enjoy once per day.

Warning: Do not exceed the recommended daily dose. Keep out of reach of young children. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. Not recommended for children, adolescents, pregnant or breastfeeding women. Protect from heat, light and moisture. Store at room temperature. Do not use if seal is broken or missing.

Ingredients: Coconut water dehydrated 32% (Cocos nucifera L.), magnesium citrate 16.7%, acid (citric acid), sodium citrate 8.8%, potassium phosphate 7.1%, potassium citrate 6.5%, natural flavourings, ascorbic acid, magnesium malate 2.6%, acerola fruit extract 1% (Malpighia glabra L.), anti-caking agent (silicon dioxide), sweetener (steviol glycosides), thickener (xanthan gum), colours (copper chlorophyllin, curcumin), elderberry fruit extract 0.4% (Sambucus nigra L), sodium chloride 0.3%, vitamin D3 (cholecalciferol), vitamin K2 (menaquinone-7).



*Magnesium contributes to electrolyte balance and Potassium contributes to normal muscle function.

**Vitamins C & D contribute to the normal function of the immune system.

***Water contributes to maintenance of normal physical and cognitive functions. Drink two litres of water daily. Contains naturally occurring sugars.

EU pis-hydrate-citrus-eu-en-002

HYDRATE+

WITH IMMUNE SYSTEM SUPPORT

CITRUS TWIST FLAVOUR

FREQUENTLY ASKED QUESTIONS

When and how should I take Hydrate+?

Give your body the support it needs to run errands, navigate crowds, and bounce back from a workout or night out with this new-and-improved, electrolyte-powered, instant beverage. To support your daily hydration*, immunity**, and wellness***, simply mix one packet of nutrient-rich Hydrate+ into 250 ml of cold water once every day for a thirst-quenching drink with added benefits. Remember to always drink two litres of water each day!

Why should I use Hydrate+?

We each understand the importance of keeping our immune system** primed and ready, but good hydration* is also critical for healthy living. Everyday activities like drinking coffee and alcohol, working out, and keeping pace with a busy lifestyle can contribute to dehydration. That's where Hydrate+ comes in—it's loaded with vitamins, nutrient-rich fruits and berries, hydrating electrolytes, and has no added sugars. Make it your go-to for a refreshing way to support healthy hydration* and your immunity**!

What are some of the key, active ingredients in Hydrate+?

- **Magnesium, Potassium, and Sodium** – Essential minerals that provide electrolyte support
- **Acerola Cherry** – A fundamental fruit with naturally occurring Vitamin C to support healthy living
- **Coconut Water** – Nutritious fruit that provides a natural source of Potassium
- **Elderberry** – A renowned berry plant that's known to be rich in nutrition and antioxidant benefits
- **Vitamins C & D** – Essential, daily nutrients that actively support the immune system

What changed from the previous version of Hydrate+?

New-and-improved Hydrate+ is similar to the original electrolyte supplement formula you know and love, but it's now enhanced with even more healthy lifestyle benefits—including immune system support! Better yet? Hydrate+ now comes in two new, delicious, fruity flavours: Citrus Twist and Tropical Fruit. It's the perfect, healthy refreshment you'll reach for every day!

Does Hydrate+ contain gluten?

Hydrate+ is formulated with only gluten-free ingredients. It is not currently tested for gluten that may or may not be introduced during the manufacturing process.

Can I give Hydrate+ to my children?

Hydrate+ is recommended only for adults ages 18 years or older.

Can I take Hydrate+ if I am pregnant, nursing, taking medications, or have a medical condition?

Hydrate+ is not recommended for children, adolescents, or pregnant or breastfeeding women. Please read product information and instructions for use to determine if this product is right for you. Consult your physician prior to using any new product if you are taking medication or have ongoing medical conditions.