

# IT WORKS! CARB CONTROL

## DUAL-ACTION COMPLEX

60 Tablets

Pair your meals with peace of mind with It Works! Carb Control. Featuring results-driven ingredients, It Works! Carb Control helps control the impact of carbs on your body. By taking it with your meals, you don't need to worry as much about carbohydrates in your food—you can cut yourself some slack. It also does double duty by helping your carb metabolism\*\* stay balanced both during and after you eat, so enjoy an indulgence and leave your carb concerns behind with It Works! Carb Control.

Features and Benefits:

- Helps control your carbs\*\* to give you peace of mind
- Works to keep blood-glucose levels balanced and blood sugar under control\*
- Helps keep carb metabolism\*\* on track so you can enjoy your favourite foods
- Contains powerful dietary ingredients like White Kidney Bean and Mulberry Leaf
- Perfect for Keto enthusiasts and anyone keeping an eye on carb intake



SKU EU35002

Nutrition Information / informations nutritionnelles / Información nutricional / Nährwertinformationen / ravintosisältö / ernæring information / Næringsinnhold / Voedingswaarde-informatie / Näringsinformation		
	Per 2 Tablets / Pour 2 comprimés / Por 2 comprimidos / Pro 2 Tabletten / Per 2 tabletta / Pr. 2 tabletter / Per 2 tablettor / Per 2 tablettor	% NRV* / VNR* / NBW*
White Kidney Bean Extract / Extrait de haricot blanc / Extracto de alubias blancas / Weiße-Kidneybohnen-Extrakt / valkoisten papujen uute / Hvid nyrebønne ekstrakt / Ekstrakt av hvite kidneybønner / witte bonen extract / vit kidneybønsextrakt	450 mg	
White Mulberry Leaf Extract / Extrait de feuille de mûrier blanc / Extracto de hoja de morera blanca / Weiß-Maulbeerblatt-Extrakt / valkoinen mulperinlehtiute / Hvid morbær bladekstrakt / Ekstrakt av hvite morbærblad / witte moerbeibladeren extract / vit mulbærbladextrakt	400 mg	
Chromium / Chrome / Cromo / Chrom / Kromi / Krom / Chroom	35 µg	88 %
Zinc / Zink / Sinkki / Sink	5.0 mg	50 %
*NRV = Nutrient reference values / *VNR = valeurs nutritionnelles de référence / *VNR = valores de referencia de nutrientes / *NBW = Nährstoffbezugswerte / *NRV = ravintoaineiden vertailuarvot / *NRV = næringsstoffreferanseverdier for en voksen gjennomsnittsperson (8400 kJ/2000 kcal) / *NRV = referanseverdier for næringsstoffer for en voksen gjennomsnittsperson (8400 kJ/2000 kcal) / *VWR = voedingswaardereferenties / *NRV = næringsreferensvärde för en genomsnittlig vuxen (8400 kJ/2000 kcal)		

### SUGGESTED USE

Take two tablets daily with a meal containing carbs.

**Warning:** Do not exceed the recommended daily dose. Keep out of reach of young children. Food supplements are not substitutes for a varied and balanced diet and a healthy lifestyle. Not recommended for children, adolescents, or pregnant or breastfeeding women. Protect from heat, light and moisture. Store at room temperature. Do not use if seal is broken or missing.

**Ingredients:** Bulking agent (microcrystalline cellulose), white kidney bean extract 20% (Phaseolus vulgaris L), white mulberry leaf extract 18% (Morus alba L), bulking agent (calcium phosphates), stabilizer (sodium carboxy methyl cellulose), coating agents (HPMC, glycerol, hydroxypropylcellulose), anti-caking agent (magnesium salts of fatty acids), zinc citrate, anti-caking agent (silicon dioxide), chromium picolinate

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### FREQUENTLY ASKED QUESTIONS

#### How and when should I use It Works! Carb Control?

It Works! Carb Control helps control the impact of carbs on your body to give you peace of mind about your meals. It's best to incorporate it into your daily routine, so keep It Works! Carb Control handy when it's time to eat. Simply take two tablets with any meal or snack that contains carbs (like sugars and starches) to cut yourself some slack. Don't exceed two tablets per day.

#### What are some of the key, active ingredients in It Works! Carb Control?

Some of the active ingredients include:

- **White Kidney Bean** – An ingredient known to take action against carbs
- **Mulberry Leaf** – Renowned for its numerous health properties, including blood-sugar maintenance
- **Zinc** – Contributes to the normal metabolism of carbs
- **Chromium** – Helps maintain normal blood-glucose levels

#### How do carbs impact me, and how can It Works! Carb Control help?

Carbohydrates are everywhere—not just in your pasta. They're hidden in everyday foods and drinks, and they give you cravings. Have you ever eaten a bag of chips and felt temporarily satisfied, yet found yourself hungry, agitated, and low on energy again just a few hours later? That's a glycemic stress cycle, fuelled by carbs. Carbs spike your blood sugar, forcing your body to overreact with an insulin surge that turns glucose into energy. That excess glucose must go somewhere, and in many cases, it ultimately converts to body fat and weight gain.

It Works! Carb Control helps contain the impact of carbs on your body. Each powerful tablet helps you stay in control while boosting your carb metabolism. You can experience greater balanced energy and less carb-induced body fat as a result.

#### How should I eat while using It Works! Carb Control?

You'll experience the best results by combining It Works! Carb Control with a healthy diet that's not regularly heavy with carbs. This product is designed to optimise a healthy diet—one where some carbs can still slip through. It also helps with an occasional indulgence!

#### Does It Works! Carb Control contain gluten?

It Works! Carb Control is formulated with only gluten-free ingredients. It is not currently tested for gluten that may or may not be introduced during the manufacturing process.

#### Can I give It Works! Carb Control to my children?

It Works! Carb Control is recommended only for adults age 18 and older.

#### Can I use It Works! Carb Control if I am pregnant, nursing, taking medications, or have a medical condition?

Before using any new product, we suggest that you consult your physician to find out if it is right for you.