

PRODUCT INFO

GREENS BERRY INSTANT DRINK POWDER

Add It Works! Greens Berry to Your Well-Balanced Diet! Get a blend of herbs and nutrient-rich ingredients in every glass of Greens Berry!

- Ingredients from over 15 different fruits and vegetables in every serving
- Great-tasting berry flavour
- Easy to mix into your favourite drink every day



EUROPEAN LABEL

Nutrition Facts / Informations nutritionnelles / Información nutricional		
	6 g	% NRV*
Potassium / Potasio	348 mg	17%
Magnesium / Magnésium / Magnesio	70 mg	18%
Apple fiber / Fibre de pommes / Fibra de Manzana	300 mg	
Eleutherococcus senticosus Root Extract / Extrait de Racine d'éléuthérocoque / Extracto de Raiz de Eleuterococo	168 mg	

*NRV = Nutrition reference values

SUGGESTED USE

Mix two scoops (6 g) with 250 ml of water or juice per day. Mix thoroughly.

OTHER INGREDIENTS

Potassium Citrate, Emulsifier (**Soya** Lecithin), Magnesium Malate, **Soy** Protein, Natural Flavouring, Acids (Citric Acid, Malic Acid), Spirulina (*Spirulina platensis*), Apple Fiber, **Barley**grass, Alfalfa Grass (*Medicago sativa* L.), Brown Rice Flour, Eleutherococcus Senticosus Root Extract (*Eleutherococcus senticosus*), **Barley** Malt, Chlorella (*Chlorella vulgaris*), Sweetener (Xylitol), Spinach (*Spinaciae oleraceae*), Anti-caking Agent (Silicon Dioxide), Beetroot Powder (*Beta vulgaris*), Parsley (*Petroselinum crispum*), Broccoli, Royal Jelly, Acerola Extract (*Malpighia punicifolia* L.), Blackberry (*Rubus fruticosus*), Blueberry Powder (*Vaccinium corymbosum* L.), Cranberry (*Vaccinium macrocarpon*), Dandelion Herb (*Taraxacum officinalis*), Kale (*Brassica oleracea*), Marshmallow Root (*Althaea officinalis* L.), Meadowsweet Herb (*Filipendula ulmaria*), **Oat**straw powder (*Avena sativa*), Papaya Fruit (*Carica papaya*), Plantain Herb (*Plantago lanceolata* L.), Raspberry Leaves (*Rubus idaeus*), Rosehips Fruit (*Rosa canina*), Rosemary Leaf (*Rosmarinus officinalis*), Slippery Elm Bark (*Ulmus rubra*), Strawberry Fruit (*Fragaria vesca*), Tomato, Turmeric Root (*Curcuma longa*), Watercress (*Nasturtium officinale*), Green Tea Extract (*Camellia sinensis*), Dulse (*Palmaria palmata*), Bilberry Extract (*Vaccinium myrtillus*), Sweetener (Steviol Glycosides), Okra Fruit Extract (*Abelmoschus esculentus*), Aloe Vera Extract.

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FREQUENTLY ASKED QUESTIONS

What is Greens?

Greens is a unique blend of herbs, nutrients, vitamins and minerals.

The plant-based blend of ingredients in Greens includes a combination of magnesium and potassium. Greens also has nutrients found in multiple servings of fruits and vegetables. These ingredients are designed to give your body a nutritional boost. Greens is not intended to be a substitute for the fresh fruits and vegetables that are so important for your health. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle.

What kinds of Greens are in Greens Berry?

Greens Berry is packed with green ingredients including Spirulina, Barleygrass, Alfalfa Grass, Chlorella, Spinach, Parsley, Broccoli, Kale, Raspberry Leaves, Rosemary Leaf, Watercress, Green Tea Extract, and Aloe Vera Extract.

What kinds of berries are in the Greens Berry?

The berry flavour you taste is because Greens contains fruit from blackberries, blueberries, cranberries and strawberries as part of the blend of multiple fruits and vegetables. Greens Berry contains natural flavouring to give it a sweet berry taste.

What does Greens Berry taste like?

Greens Berry has a delicious berry blend taste, with natural stevia leaf extract and xylitol.

Can I take Greens if I am pregnant?

We suggest that you consult your physician prior to using any of our products if you are pregnant or nursing.

Do I need to consider anything else when taking Greens?

Greens should not be taken with anticoagulants.

Can I give Greens to my children?

Greens is designed for adult use and is not suitable for use in children.

Does Greens Berry contain Soya?

Yes, it does contain a small amount of Soya.

Is Greens Berry a substitute for my normal diet?

Like all food supplements Greens Berry is not a substitute for a varied and balanced diet and a healthy lifestyle.

